



SKR & SKR GOVT. COLLEGE FOR WOMEN, KADAPA.
(AUTONOMOUS)
Reaccredited with 'B' Grade by NAAC
Y.S.R. Kadapa District – 516001, Andhra Pradesh, India.
Affiliated to Yogi Vemana University



5.1.3: Following Capacity development and skills enhancement activities are organised for improving students capability 1. Soft skills 2. Language and communication skills 3. Life skills (Yoga, physical fitness, health and hygiene) 4. Awareness of trends in technology

ADDITIONAL INFORMATION

Capacity Development and Skills Enhancement Activities

SKR & SKR Govt. College for Women, Kadapa (Autonomous) has been conducting Capacity development and skills enhancement activities are organised for improving student's capability such as 1. Soft skills 2. Language and communication skills 3. Life skills (Yoga, physical fitness, health and hygiene) 4. Awareness of trends in technology to build the capabilities and to enhance various skills.

1. Soft skills:

The department of English

2. Language and communication skills:

The department of English

3. Life skills (Yoga, physical fitness, health and hygiene):

The department of Physical Education

4. Awareness of Trends in Technology:

The department of Computer Science



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CAPACITY ENHANCEMENT AND DEVELOPMENT SCHEME

Soft Skills

The department of English has been organising various programmes on Soft Skills like Guest Lectures, Workshops, and Presentations by involving and interacting the students. Soft Skills training gives a comprehensive understanding of the true perspective of application of skills as expected at the present work scenario. Therefore, examples, case studies, and exercises are tailor-made to suit the needs of students of this college have been provided. Soft skill is a personal attribute that supports situational awareness and enhances an individual's ability to get a job done. Soft skills were barely given importance over hard and tangible skills in earlier days. These skills that improves and develops the student behaviour and personality. The most key skills are innovativeness, social skills, critical thinking and interpersonal communication. The important reason why soft skills are introduced in any organisation is that they improve interpersonal skills among students. Interpersonal skills mean the ability to communicate and interact with other employees in the organisation.

The students can make use of this training to understand the essentials of language skills. Understanding Different Speech Sounds, Learning Pronunciation, Speaking Without Errors, Building Conversations, Understanding Non-verbal Communication, Formal and Informal Communication, the right Etiquette for Public Speaking and Business Presentations, Personality Development and Building Self-Esteem, Team Building and Group Discussion, Facing Different Types of Interviews with Confidence and Preparing for and Delivering Successful Business Presentations are some areas students become familiar with.

GUEST LECTURE ON SOFT SKILLS







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CAPACITY ENHANCEMENT AND DEVELOPMENT SCHEME

Language and Communication Skills

The department of English has been organising various programmes on Language and Communication Skills like Guest Lectures, Workshops, and Presentations by involving and interacting the students.

Language enables a person communicate information from one person to another. Communication is one of the most important soft skills. English Language becomes the default option for communication as it is spoken and understood across the global. While proficient English-speaking skills appeals your resume and it can boost hiring potential. A recent survey by LinkedIn stated that CEOs and HR Directors prefer English speaking employees over other languages.

English Language is not the first language for many Indians and it is a language ought to be learned. It is only taught in few English medium schools across the country; hence, a huge chunk of population never got the opportunity to learn English language.

To enlighten the students about the need and significance of English language and communication skills, so that they can choose right path in order to have a bright future. The Department of English organized an awareness programme on Language and Communication Skills. Dr. P. Subba Lakshumma, Principal of SKR & SKR Govt. College for women (A), Kadapa has chaired the session and enlightened the students on the significance of English language and the required skills in order to reach a suitable position in this cut throat competitive world. And also motivated the students to develop Language and communication skills to face the global challenges and the sustainability.

Smt P. Sujatha, Lecturer in English interacted with the students. Sri. B. Kesava Reddy, Lecturer in English has focused on language acquisition and the significance of the English language in the present scenario. K.V. Prasad, Head of the department motivated students to acquire communication skills.

The programme enabled the students to come to know the significance of English language and also made them know how to develop language and communication skills. Smt G.P. Ashalatha, faculty of English spoke on this occasion and inspired the students. Dr.

R.Rajanarayana, faculty of English also emphasised the importance of English language. Mr. A.Azmathulla, faculty of English extended vote of thanks on this occasion. Students participated and interacted on the topic with Principal madam and faculty.











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CAPACITY ENHANCEMENT AND DEVELOPMENT SCHEME

Life Skills (Yoga, Physical Fitness, Health and Hygiene)

“yogas chitta vritti nirodhah”

Sri Patanjali Maharshi rightly said that the practising Yoga and Meditation the mental tendencies will be removed and physical fitness and Mental Health is assured. The department of Physical Education of this college has been organising Yoga training programmes, practising Yoga assanas, Praana yaama, Meditation etc. to achieve wellbeing. According to WHO (World Health Organisation), life skills are defined as “a group of psychosocial competencies and interpersonal skills that help people make informed decisions, think critically and creatively, communicate effectively, build healthy relationships and cope with and manage their lives in a healthy and productive manner. Practicing Yoga is known to improve flexibility, balance, endurance and physical strength while Meditation helps to keep the mind sharp, relieves stress and improves overall well being. This institution promotes health benefits among the students through Yoga and Meditation. This wellness platform hugely contributes in creating stressfree positive environment and healthy way of thinking and living. Every year conducts many programs related to Yoga and Meditation. College celebrates International Yoga day since its inception. Techniques of Meditation and various postures like Asana are performed to lead a healthy and stress free life. Department of physical education regularly conducts yoga classes for the students.

Life Skills (Yoga, Physical Fitness, Health and Hygiene)

















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CAPACITY ENHANCEMENT AND DEVELOPMENT SCHEME

Awareness of Trends in Technology

The department of Computer Science is frequently organising awareness programmes on Trends in Technology to familiarize the students with latest technology. Many Workshops, seminars, webinars, talks, interactions and trainings are a regular part of these platforms which help students become confident and self-sufficient.

George Couros says 'Technology will not replace great teachers but technology in the hands of great teachers can be transformational.' Technology trend awareness as a skill refers to being mindful of the technology that is recently becoming popular and is readily accepted in the market or industry. It also encompasses one's ability to recognize and understand the usefulness of any such technology for the success.

In the field of education, technology is a great tool. Our future is going to be more dependent on technology in times to come as students have to depend on different technological tools to complete all assignments and attend online classes so learning technology skills have become all the more useful.

AWARENESS OF TRENDS IN TECHNOLOGY

The main purpose of this program was to create awareness regarding “Trends in Technology”. Balancing technology throughout the educational process and keeping with current trends which will affect everyone’s life, and the impact of technology is very big and it gives us simple, faster and efficient life through the use of modern technology. Having awareness on current trends in technology is mandatory.

Our Hon’ble Principal Mam shared valuable ideas and motivated students to do well. Our Computer Science Department In-Charge Smt. A. Haritha spoke about the importance of changing technologies and adhering to them. The way we are seeing progress in technology, gave importance to learn and to exercise them. Smt. K. Vasudha Rani, Lect. in Computer Science gave an inspiring words to students to acquire knowledge in trending technologies. Kum. Pavani, II MPCS and Kum. Lakshmi Narasamma, II MSCS students participated in the program and shared their feedback as, the program is really well and they gained knowledge on current trends in technology. Students have shown immense interest and zeal in the event and are satisfied with the program.

By the end of the event, the purpose of imparting awareness on trends in technology was fulfilled; the way students participated in the event was quite good.



